

## Preventing Falls in the Infusion Room

Some medicines we give you can make you feel weak, sleepy, or dizzy. You can help prevent falls in the infusion room by following the tips listed here. Please tell us if you have had problems with falling or dizziness before. Let us know if you are concerned about the risk of falling here at the hospital or at home.

### **DO:**

- Wear stable shoes or non-slip socks. We can provide socks if you need them.
- If you have a cane, walker, or other assistive device, use it.
- If you have been lying down, sit at the side of the chair or bed for a few minutes before standing up.
- Stay seated and tell a staff member if you feel light headed or dizzy.
- Tell staff about any liquid spills.

### **ASK:**

- Ask a staff member for help if you do not know how to operate the chair.
- Ask for help when getting up.

### **DON'T:**

- Do not lean on the pole holding your medicine to help you get up or as you walk.
- Do not stand up until the chair is all the way upright and the footrest is back in place.
- Do not walk until the machine that pumps your medicine is unplugged and the cord is off the floor.

### **Remember: Call, Don't Fall.**

Thank you for helping us prevent falls. Your safety is our greatest concern.