

## Post-Transfusion Instructions

Your blood transfusion should be a beneficial experience and you should feel better after this therapy.

### Transfusion Reactions

Some people may have an adverse reaction to the blood products they receive.

Here are some signs of a possible transfusion reaction:

- Fever higher than 100.4° F (38°C) degrees
- Chills
- Trouble breathing
- Nausea or vomiting
- Red flush on face, hives, rash, or itching
- Weakness or fainting
- Red or brown urine or less urine than usual
- Pain or oozing where the IV was
- Pain in the chest or lower back

If any of these problems happen within 48 hours of your transfusion, contact your cancer care team via MyChart or call \_\_\_\_\_.

In an emergency, call 911 or go to your closest emergency department.

### Other Signs to Watch For

Diseases caused by a transfusion are very rare. The signs may not appear for several months. Call your doctor if you develop any of these signs:

- Fatigue
- Loss of appetite
- Dark urine even when you drink plenty of fluid
- Yellow color in skin or eyes
- Nausea or vomiting
- Diarrhea that does not get better
- Pain in the belly that does not go away

You can also call your infusion center Monday-Friday from 7:00 a.m. until 7:00 p.m. Call the number checked below:

- Main infusion center at the cancer hospital  
801-587-4485
- Bone Marrow Transplant (BMT) infusion  
801-587-4485
- Sugarhouse Health Center infusion  
801-213-9087
- Farmington Health Center infusion  
801-213-6352
- South Jordan Health Center infusion  
801-213-5192

### Instructions to Follow at Home

Medicines \_\_\_\_\_

Activity \_\_\_\_\_

Follow-up \_\_\_\_\_

Instructed by \_\_\_\_\_ Date \_\_\_\_\_