

Post-Transfusion Instructions

Your blood transfusion should be a beneficial experience and you should feel better after this therapy.

Transfusion Reactions

Some people may have an adverse reaction to the blood products they receive.

Here are some signs of a possible transfusion reaction:

- Fever higher than 100.3°F
- Chills
- Trouble breathing
- Nausea or vomiting
- Red flush on face, hives, rash, or itching
- Weakness or fainting
- Red or brown urine or less urine than usual
- Pain or oozing where the IV was
- Pain in the chest or lower back

If any of these problems happen within 48 hours of your transfusion, call this number right away:

After hours, call 801-587-7000 and ask for the oncologist on-call.

If you are having serious problems such as trouble breathing, go to the nearest hospital emergency department or call 911.

Instructions to Follow at Home

Medicines _____

Activity _____

Follow-up _____

Instructed by _____ Date _____

Other Signs to Watch For

Diseases caused by a transfusion are very rare. The signs may not appear for several months. Call your doctor if you develop any of these signs:

- Fatigue
- Loss of appetite
- Dark urine even when you drink plenty of fluid
- Yellow color in skin or eyes
- Nausea or vomiting
- Diarrhea that does not get better
- Pain in the belly that does not go away