



# Neulasta®

## Why You Need Neulasta

Chemotherapy kills cancer cells that grow fast. It can also kill healthy cells that grow fast such as red and white blood cells. When this happens, you may not have enough white blood cells in your body. Your care team may call this condition neutropenia.

When you do not have enough white blood cells, you have a high risk to get an infection. You may have to delay cancer treatment until you have enough white blood cells.

Neulasta (also called pegfilgrastim) is a medicine that helps your body make more white blood cells. These cells help your body fight infection and stay healthy.

#### When and How You Take Neulasta

Your care team will give you one shot of Neulasta after each cycle of your chemotherapy. Your care team will schedule an appointment to give you the shot.

It is very important that you get the shot on that day. If you cannot make it to your appointment, call your care team right away.

#### Side Effects and What You Can Do

You may have bone and muscle aches after taking Neulasta. Usually, over the counter medicines will help. Please contact your doctor's team if you have these symptoms.

# When You Should Call for Help

Call your care team right away if you have any of these signs of a problem:

- Pain in the belly or shoulder
- Shortness of breath or trouble breathing
- Hives or rashes

Call 911 right away if this happens:

Swelling around your mouth or eyes

### **Your Neulasta Appointment**

Date:	
Time:	
Place:	
Call this number if you cannot make it to your appointment:	
Your Notes	

#### **Questions?**

Contact your cancer care team via MyChart or call \_\_\_\_\_

In an emergency, call 911 or go to your closest emergency department.