

Light Therapy for Mouth Sores

What is Photobiomodulation (PBM)?

The photobiomodulation (PBM) treatment uses low-energy light to treat sores and swelling in your mouth. It does this by turning on or speeding up the natural ways your body heals itself.

How can it help me?

Sores and swelling in your mouth can be painful and make it difficult to get enough food. PBM will help prevent and treat these side effects.

What is the treatment like?

To begin, we will give you some shaded glasses to protect your eyes. The provider will place a small device on your cheek, tongue or inside your mouth. The treatment only lasts about 10 minutes and we will repeat it three times each week.

Are there side effects of the treatment?

The treatment isn't painful and doesn't have any side effects.

Is there anything I should do?

Tell us right away if you develop sores or swelling in your mouth.



Photobiomodulation (PBM) to treat mouth sores.



Photobiomodulation devices