When you have cancer, you may want care for your spirit as well as your body. Chaplains offer a listening ear. They can help and support you when you need it, whatever your religion or spiritual path. Huntsman Cancer Institute has chaplains available at your request.

A Chaplain’s Role in Your Treatment and Care

• Speak up for your spiritual, emotional, and physical well-being
• Help you express concerns and feelings to family members or medical staff
• Help you work through hard decisions
• Help you define your quality-of-life goals
• Give you support and education to prepare for the end of life
• Find support systems and coping strategies for stress and other concerns
• Help you resolve conflicts
• Help you explore or manage feelings such as anger, fear, and guilt
• Give you counseling and support for feelings of grief and loss

A Chaplain’s Role in Faith, Religion, and Spirituality

• Help you find and talk about meaning in your life
• Pray (aloud, silently, with others, or alone) for you or a family member
• Read sacred texts or scriptures that you choose
• Offer guidance about spiritual practices
• Find literature, sacred objects, or spiritual teachers to help your spiritual practice
• Help connect you with local religious communities
• Perform a ceremony meaningful to you
• Help you explore your beliefs about divine care, control, and guidance
• Talk about the experience of illness and suffering
• Arrange care for a loved one’s body after his or her death
• Help resolve separation from a faith community
• Hear confessions or regrets about thoughts, words, actions, or failures to act

For Spiritual Care Services, dial FAITH from your hospital phone or call 801-213-2484.

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