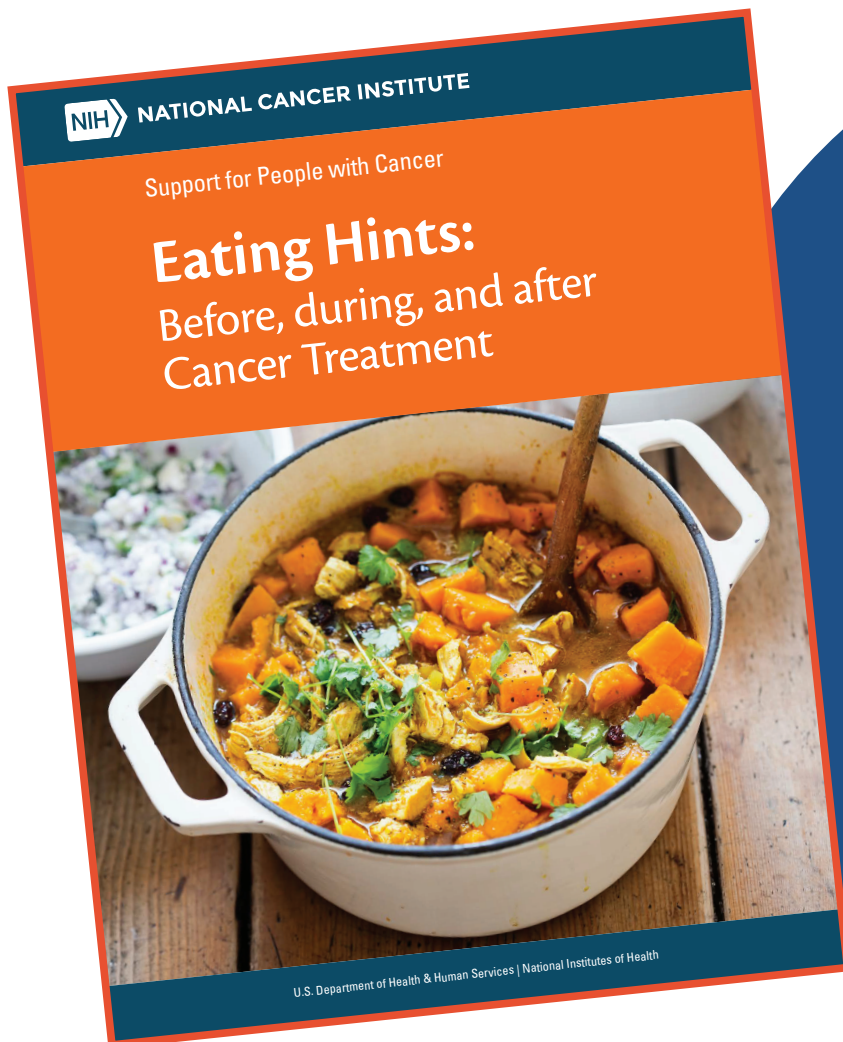


Helpful Nutrition Information

FROM THE National Cancer Institute



EATING HINTS is for people who are having eating problems caused by cancer treatment. Family and friends may also want to read this booklet.

This booklet covers:

- What you should know about cancer treatment, eating well, and eating problems
- How feelings can affect appetite
- Hints to manage eating problems
- How to eat well after cancer treatment ends
- Foods and drinks to help with certain eating problems
- Ways to learn more

Read or download the booklet

cancer.gov/publications/patient-education/eatinghints.pdf

For more information about nutrition and treatment side effects

visit the G. Mitchell Morris Cancer Learning Center
6th floor, Huntsman Cancer Institute Hospital
call 1-888-424-2100 • text 801-528-1112
e-mail cancerinfo@hci.utah.edu