

Chemotherapy Infusion

Your regimen is _____.

Your treatment will take about _____ hours.

What should I wear?

Wear comfortable clothes with easy access to your arms. If you have a port or central line, the infusion nurse will need easy access to your chest.

Should I eat?

Yes. You should eat before and during your treatment. You may bring food from home. There is a microwave available to heat food.

Our volunteers also provide free drinks and snacks in the Infusion Center.

What should I bring with me?

- Any medications you will need while you are at the infusion center, especially pain medicines, nausea medicines, and insulin.
- Someone to drive you home.
- **Please bring no more than two guests.**
- Items to help you pass the time. Some treatments take several hours.

NOTE: Children under 16, sick visitors, and pets or therapy animals are not allowed in the Infusion Center or waiting area. Please do not wear perfume or cologne.

What is available in the Infusion Center?

- Pillows and blankets
- Magazines, books, and personal DVD players
- Restrooms
- A chair for visitors next to each infusion chair and bed
- Free beverages and snacks
- Wireless Internet access

What can I expect on the day of my treatment?

1. Check in where you see your oncologist.
2. The nurse will put a needle in one of your veins (IV) or access your central line and draw blood for lab tests. Results take about 1 hour.
3. You will visit with your doctor to review your condition and lab results.
4. You will go to the Infusion Center.
5. We will assign a nurse to you. For this reason, you will not be able to choose where to sit.
6. Your nurse and two pharmacists will check your lab results and verify your treatment orders before mixing your chemotherapy.
7. A third pharmacist mixes your chemotherapy. Your nurse and a second nurse check your chemotherapy before giving it to you. These steps take extra time, but are important for your safety.
8. Sometimes you may see your doctor the day before. If this happens, go directly to the Infusion Center the day of your treatment.

During treatment, your nurse will give you information about the drugs you receive. Your nurse will also talk about possible side effects and how to manage them.

After treatment, your nurse will remove your IV or de-access your central line. Your nurse will give you final instructions.

Questions?

- Attend Chemo 101, a class held Thursdays from 5-6 p.m. Call 801-585-0162 to schedule.
- Contact your cancer care team via MyChart or call _____.
- In an emergency, call 911 or go to your closest emergency department.
- For more information, visit or call the G. Mitchell Morris Cancer Learning Center at 1-888-424-2100.