

## Camps and Retreats

### **Arizona Camp Sunrise**

Fun, medically staffed, year-round programs for families affected by childhood cancer

[www.azcampsunrise.org](http://www.azcampsunrise.org)

### **Camp Hobé**

Day camp for kids with cancer ages 4 to 6; overnight camps for ages 7 to 11 and ages 12 to 19; siblings welcome

[www.camphobekids.org](http://www.camphobekids.org)

### **Camp Kesem**

Free summer camps for children who have been touched by a parent's cancer

[campkesem.org](http://campkesem.org)

### **Camp Mak-A-Dream**

Free Montana retreats for children, young adults, adult women, and families affected by cancer

[www.campdream.org](http://www.campdream.org)

### **Casting for Recovery**

Women with breast cancer learn fly-fishing, meet new friends, and have fun in a natural setting

[castingforrecovery.org](http://castingforrecovery.org)

### **Dear Jack Foundation's Breathe Now Retreat**

Couples retreat for survivors and their partner between the ages of 21-39 (3 years out from last active cancer treatment)

[www.dearjackfoundation.org](http://www.dearjackfoundation.org)

### **Dream Street Foundation**

A retreat for young adults ages 18-24 in a resort in Tuscon, Arizona

[dreamstreetfoundation.org](http://dreamstreetfoundation.org)

### **Epic Experience**

Free outdoor adventure camp for adult cancer survivors to ski, paddle, and hike

[www.epicexperience.org](http://www.epicexperience.org)

### **First Descents**

Kayaking, rock climbing, and other outdoor activities for young adult cancer survivors

[firstdescents.org](http://firstdescents.org)

### **Harmony Hill**

Workshops and retreats for emotional, mental, and spiritual healing to enhance conventional treatment for those living with cancer, during and after treatment

[www.harmonyhill.org](http://www.harmonyhill.org)

### **The Hole in the Wall Gang Camp**

Summer camps and weekend programs for children and their families coping with cancer and other serious illnesses

[www.holeinthewallgang.org](http://www.holeinthewallgang.org)

### **Image Reborn**

Retreats in Park City and Salt Lake City for women with breast cancer to address their unique concerns

[imagerebornfoundation.org/retreat-program](http://imagerebornfoundation.org/retreat-program)

### **Kids Konnected**

Camp for kids ages 7-13 who have a parent with cancer or have lost a parent to cancer. Offers ropes course, canoeing, swimming, archery and nature hikes

[www.kidskonnected.org](http://www.kidskonnected.org)

### **Live by Living**

Outdoor experiences and retreats in Colorado for cancer survivors and their caregivers

[www.livebyliving.org](http://www.livebyliving.org)

### **Project Koru**

Adventure-based water and snow experiences such as surfing, canoeing, skiing, and snowboarding as channels of healing and renewal; programs are for young survivors diagnosed between 18-39 years of age

[www.projectkoru.org](http://www.projectkoru.org)

**Reel Recovery**

Free fly-fishing retreats for men living with all forms of cancer

[www.reelrecovery.org](http://www.reelrecovery.org)

**River Discovery**

Rafting, camping, and outdoor adventures on the Salmon River for teen and adult cancer survivors and co-survivors

[www.riverdiscovery.org](http://www.riverdiscovery.org)

**True North Treks**

Free backpacking and canoeing expeditions for young adult cancer survivors (18-39) and their caregivers

[www.truenorthtreks.org](http://www.truenorthtreks.org)

**Your Next Adventure**

Empowering adults affected by cancer with a renewed sense of hope, optimism, and strength through extreme sports; free of charge

[yournextadventure.org](http://yournextadventure.org)

Huntsman Cancer Institute's Patient and Family Support team has more information and resources for people with cancer and their loved ones. Please call 801-213-5699.

*Inclusion on this list does not imply any endorsement from or affiliation with Huntsman Cancer Institute.*

*Each program's website provides information about location, dates, and registration details.*