

When to Call for Help - Autologous Transplant and CAR T-cell Therapy

Here are changes to watch for after your autologous transplant or CAR T-cell therapy. Treating side effects early keeps you safe and helps you recover faster.

The first 100 days after your transplant or therapy

Call the nurse line right away if you have any of the following symptoms:

Fever

- Temperature of **100.4°F (38°C)** or higher
- Chills or shaking even if you do not have a fever

General

- Blurry vision or other vision changes
- Difficulty emptying bladder
- Feeling dizzy or lightheaded
- Extreme fatigue or weakness
- Fast or irregular heartbeat
- New persistent cough, sneezing, runny nose, or shortness of breath
- Falling

Gastrointestinal problems

- Nausea or vomiting not helped by medicines
- New constipation or diarrhea

Skin problems

- Redness, swelling, drainage, or tenderness around the catheter
- Rash, redness, pimples, bruises, or blisters

Bleeding

- Blood in urine or stool
- Coughing up blood
- Bleeding gums or nose

Pain

- Chest pain
- Frequent or painful urination
- Rectal burning or pain

Mental status

- Memory loss
- Confusion
- Slurred speech
- Trouble finding words

Contact your care team

If you notice any of these signs or have other questions or concerns, call the correct phone number below.

Monday through Friday, 8 am to 5 pm:

- Multiple myeloma: 801-587-4687
- All other diagnoses: 801-587-4686

Weekdays after 5 pm, weekends and holidays:

- Call 801-587-7000 and ask for the BMT hospitalist.