Caregiver Agreement
Utah Blood and Marrow Transplant Program

Caregivers are important to a successful transplant. Every BMT patient must name two caregivers—a primary caregiver and a backup caregiver. The caregivers must be at least 18 years old. The duties start before treatment begins. They continue for months after the transplant.

I agree to the following responsibilities:

☐ I will live with the patient and be available 24 hours a day.

○ Allogeneic transplant patients
  — If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 100 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
  — If patient does not stay in the hospital: I will be available for at least 100 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.

○ Autologous transplant patients
  — If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 30 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
  — If patient does not stay in the hospital: I will be available for at least 30 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.

○ CAR T cell patients
  — If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 30 days after the CAR T cell infusion date. I understand the time may be longer. The care team will let me know.
  — If patient does not stay in the hospital: I will be available for at least 30 days after the CAR T cell infusion date. I understand the time may be longer. The care team will let me know.

☐ I will attend all transplant education classes.
☐ I will read all treatment instructions.
☐ I will ask the transplant team questions about anything I do not understand.
☐ I will bring the patient to all doctor visits. I will attend the visits with the patient.

○ Allogeneic and autologous transplants.
  Patients cannot drive until their BMT doctor says it is OK.

○ CAR T cell infusion. Patients cannot drive until at least 8 weeks after the infusion date. Their BMT doctor will say when it is OK.

☐ I will learn the medicines the patient needs. I will make sure the patient takes the medicines as prescribed.
☐ I will follow the patient’s treatment plan and requirements.
☐ I will organize the patient’s meals. I will help the patient with activities of daily living such as bathing.
☐ I will provide emotional support. I will be the patient’s advocate.
☐ I will remember to take care of myself. I will ask for help and talk with my social worker when needed.
☐ I will watch for changes in the patient’s condition. I will tell the care team about any changes.
☐ I will make sure the home is safe and clean before the patient returns from the hospital.
☐ I will follow the instructions about preventing infections.

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**Primary Caregiver.** I understand my responsibilities. If I cannot fulfill them, I will work with the patient and backup caregiver to make sure a caregiver plan is in place.

Signature __________________________ Date ___________ Print name __________________________

Relationship to patient ________________ Phone ________________ Email __________________________

**Backup Caregiver.** I understand my responsibilities. If I cannot fulfill them, I will work with the patient and primary caregiver to make sure a caregiver plan is in place.

Signature __________________________ Date ___________ Print name __________________________

Relationship to patient ________________ Phone ________________ Email __________________________