

Caregiver Agreement

Utah Blood and Marrow Transplant Program

Caregivers are important to a successful transplant. Every BMT patient must name two caregivers—a primary caregiver and a backup caregiver.

The caregivers must be at least 18 years old. The duties start before treatment begins. They continue for months after the transplant.

I agree to the following responsibilities:

- I will live with the patient and be available 24 hours a day.
 - **Allogeneic transplant patients**
 - If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 100 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
 - If patient does not stay in the hospital: I will be available for at least 100 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
 - **Autologous transplant patients**
 - If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 30 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
 - If patient does not stay in the hospital: I will be available for at least 30 days after the transplant date (Day 0). I understand the time may be longer. The care team will let me know.
 - **CAR T cell patients**
 - If patient stays in the hospital: I will be available from the time the patient leaves the hospital until at least 30 days after the CAR T cell infusion date. I understand the time may be longer. The care team will let me know.
 - If patient does not stay in the hospital: I will be available for at least 30 days after the CAR T cell infusion date. I understand the time may be longer. The care team will let me know.
- I will attend all transplant education classes.
- I will read all treatment instructions.
- I will ask the transplant team questions about anything I do not understand.
- I will bring the patient to all doctor visits. I will attend the visits with the patient.
 - **Allogeneic and autologous transplants.** Patients cannot drive until their BMT doctor says it is OK.
 - **CAR T cell infusion.** Patients cannot drive until at least 8 weeks after the infusion date. Their BMT doctor will say when it is OK.
- I will learn the medicines the patient needs. I will make sure the patient takes the medicines as prescribed.
- I will follow the patient's treatment plan and requirements.
- I will organize the patient's meals. I will help the patient with activities of daily living such as bathing.
- I will provide emotional support. I will be the patient's advocate.
- I will remember to take care of myself. I will ask for help and talk with my social worker when needed.
- I will watch for changes in the patient's condition. I will tell the care team about any changes.
- I will make sure the home is safe and clean before the patient returns from the hospital.
- I will follow the instructions about preventing infections.

Primary Caregiver. I understand my responsibilities. If I cannot fulfill them, I will work with the patient and backup caregiver to make sure a caregiver plan is in place.

Signature _____ Date _____ Print Name _____

Relationship to patient _____ Phone _____ Email _____

Backup Caregiver. I understand my responsibilities. If I cannot fulfill them, I will work with the patient and primary caregiver to make sure a caregiver plan is in place.

Signature _____ Date _____ Print Name _____

Relationship to patient _____ Phone _____ Email _____