Using alcohol and other substances can lower your chances of a successful transplant. They can affect your overall health. The Utah Blood and Marrow Transplant Program expects you not to use the following substances:

- Alcohol: any type or amount
- Tobacco: cigarettes, e-cigarettes, cigars, chewing tobacco
- Any illegal drugs such as marijuana, methamphetamine, cocaine, heroin, PCP, and ecstasy

I agree to these conditions:

- I understand the transplant doctors may screen me for use of these substances if necessary.
- I allow the transplant team to perform screening tests and review the results.
- I agree to allow my primary health care provider to do screening tests the transplant team requests.
- I agree to allow sharing those results with the transplant team.

Medical marijuana is legal in several states. It can treat various symptoms, but also poses some risk. If I use medical marijuana, I agree to follow these guidelines:

- Huntsman Cancer Institute does not allow use of any marijuana products in the hospital. The exception is products such as Marinol, prescribed by my transplant doctor.
- I must get my transplant doctor’s permission to use non-inhaled marijuana after I am released from the hospital.
- I will not smoke or vaporize (vape) marijuana. Studies show a high risk of fungal infections that could be fatal.
- I will buy non-inhaled forms of marijuana from reputable sources. I will be sure the source has tested the products for contamination.
- I will not use marijuana products when my white blood cell count is low, which is called neutropenia. The exception is products such as Marinol, prescribed by my transplant doctor.

I have read and understand this policy. I agree to follow it. I understand that if I fail to follow it, my transplant may be denied.

Patient Signature: __________________________________________ Date: ____________

Patient and Family Support Signature: ________________________________ Date: ____________